



> Activities per the itinerary and full-time Tour Director

 Note: Tour cost does not include airline-imposed baggage fees. Please visit our Fees FAQ page for a full list of items that may not be included in the cost

of your tour.



With Panama as your base, enjoy traveling and networking with other experienced program leaders and WorldStrides staff.

Itinerary subject to change:

Our itinerary

July 24 - 28, 2024

Day 1

- > Arrive in Panama
- > Welcome Reception + Dinner

Day 2

- Breakfast with Professional Development
- > Panama City Guided Sightseeing: Panama Canal, Casco Viejo, Handicraft Market, and Biomuseo
- > Punta Culebra Nature Center
- > Panama Canal & Gatun Lake Boat Tour
- > Group Dinner

Day 3

- > Breakfast
- > La Granja Campo y Aventure Visit
- > La Granja Farm Visit
- > La Granja Ziplining Tour
- > Kayaking on Lake Gatun
- > Dinner on own

Day 4

- > Breakfast
- > Travel to Chorrera
- > Pineapple Farm Visit
- > Group Farewell Dinner

Day 5

- > Breakfast
- > Departures throughout the day